



# Weekly News

Wednesday, January 13, 2010

## All School News

### Highlights from *The Spawn*

Click CTRL and the following link here **Spawn** ( <http://cacospawn.squarespace.com> ) to be directed to the school's blog. Latest entries include:

- o The High Schoolers are cookin' now!
- o Middle School getting ready for nighttime ski trip

### Skiing – wheeeeeeeeeee!

Don't forget your gear! Lower School begins skiing this Thursday, January 14<sup>th</sup> and continues for the Middle and Upper School. **IMPORTANT:** Lower School students should be dropped off at the Mt Bachelor Shuttle Parking Lot **at 8:15 (please no earlier)** and then picked up at 4:00 in the same place. For more details, see information sent home from your child's teachers. Note: If you have MS/US students, drop them off at school before heading to the Bachelor Parking Lot

***Bonus Mountain Quote: Challenge is what makes men. It will be the end when men stop looking for new challenges. - Sir Edmund Hillary***

### A Message from the 4<sup>th</sup> and 5<sup>th</sup> Grade - Pennies for Peace



**Did you know that in Afghanistan one penny can buy a pencil?** The 4<sup>th</sup> and 5<sup>th</sup> grade classes are reading the book Three Cups of Tea by Greg Mortenson. Greg Mortenson was trying to climb K2 when he was lost in a town called Korphe. He saw the kids writing on the dirt with a stick and promised the chief Haji Ali that he would build a school. Now he has built many schools in Afghanistan and Pakistan.

Greg Mortenson is coming to town and on February 12<sup>th</sup> 2010. The 4<sup>th</sup> and 5<sup>th</sup> graders have decided to raise money (pennies) to help Greg build more schools. There will be jars to collect Pennies for Peace in Mrs. Hart's classroom and/or the main hallway. Pennies don't mean much in the USA but in Afghanistan pennies can buy a future!

## NOTES FROM THE STUDENT COUNCIL

### Bowling Fun

Student Council will be hosting a Middle School bowling night on January 22 at the Sun Mountain Fun Center, from 5 till 8pm. Parent chaperones will be appreciated. Email [amarre@cascadesacademy.org](mailto:amarre@cascadesacademy.org) if you think you will attend. More details will be forthcoming!

### Warm Clothes Drive

CACO Student Council is having a warm clothes drive to help keep the needy warm this winter. It would be helpful if you would bring in any old coats, hats, mittens or gloves and drop them off in the cardboard box in the front hallway. Collections will continue through

February. Every week, the high school students take that week's donations to the Bend Community Center where they are volunteering.

## Middle School – Physical Education

The middle school has jumped into two exciting PE ventures this term. On Tuesdays, we are at the newly-opened West Bend Tennis Center taking lessons from Bob Harrington. Bob coaches tennis at Summit High School and is a USPTA Tennis Professional. Students will be learning basic ball control and doing both racquet and running drills. So far, everybody seems to be having a great time!

The second Winter PE activity we have taken on is the President's Challenge physical fitness program. This is a set of exercises and physical tests designed to encourage all students to make being active part of their everyday lives, and includes push-ups, sit-ups, running drills, and flexibility practice. The students will be tracking their progress throughout the season and hopefully enjoying some gains in strength and body mechanics. Top achievers will be recognized, but everybody will improve and learn some new ways to make their lives more active and enjoyable.

## School Email Addresses - Middle and Upper School Students

Hope your Middle and Upper School students are monitoring their new school email addresses. Teachers are using these addresses to keep students apprised of assignments, updates, reminders, and the like. As a reminder, their address is **firstlast@cascadesacademy.org**. Access from any browser by visiting **google.com/a/cascadesacademy.org**. Students are expected to monitor their email regularly and abide by “appropriate use” guidelines outlined in the Student Handbook.

## Parent Conferences for Middle and Upper School Students

You should have received your child's First Trimester Grade report right before Holiday Break. If you are interested in a conference with your child's teachers, call Kelly McNamara to schedule your 15-minute conference with a panel of your child's teachers. Kelly can be reached between 8am and 3:30pm, Monday through Friday at 382-0699.

Conferences will take place between 3:15 and 5pm on the following dates:

Remaining Middle School conferences: January 20, 25, 26, 27

Remaining Upper School conferences: January 20, 25, 27

## Drug and Alcohol Education for Parents

Tuesday, January 19<sup>th</sup> from 12:15-1:15 Brett Prunty, clinical therapist and drug/alcohol educator, will do a brown bag lunch with grade 6-12 parents. For those of you who work during the day, I hope that this time works well for you. The subject matter for this lunch will include current trends in the young adult world of drug/alcohol use. There will be time for Q&A. Brett will also have some workshops with the Middle School students this winter.

## Flexible Tuition Program

As we move into another Admissions season we are excited to have announced the new Flexible Tuition Program which allows families to pay what they can afford for tuition.

## Admissions Lunch

This year's deadline to apply for admission to CACO is February 19<sup>th</sup>. We will host an Admissions Lunch for potential CACO parents. If you know someone who we ought to invite please send their name, address, and child's name and age to Jenny Green at [tjverde@gmail.com](mailto:tjverde@gmail.com).

## Annual Fund Update

Each gift helps us get closer to our goals of \$125,000 and participation from all of our families and faculty. Thank you for all you do to support Cascades Academy.

## Auction Update

### CACO's Dinner and a Show – ANNUAL AUCTION February 20, 2010

Plans are underway and this year promises to be the best auction yet! Invitations are being mailed this week so watch your mailbox! Thank you for all your donations and support. Our deadline for accepting donations is **Friday, January 15**, so don't delay if you've been contemplating participating.

### Attend the auction by volunteering!

Great opportunity to gain admission to the auction and support the school! Lots of fun – guaranteed!

If you can make a donation or would like to volunteer your time at the auction, complete a form in the front office or contact Marci Surfás at [marci@surfás.com](mailto:marci@surfás.com).

### Do You Know Someone Who Can Sponsor Our Event?

We are offering four sponsorship levels for this year's event. Partners can sponsor for \$500, \$1000, \$2500, and \$5000. Each sponsor receives a variety of benefits including event tickets, complimentary raffle tickets, advertising and more! Please contact sponsor chair, Else Kerkmann ([ekerkmann@bendbroadband.com](mailto:ekerkmann@bendbroadband.com)) if you or someone you know is interested in becoming an event sponsor!

## Volunteer Corner

### Scholastic Book Fair Coordinator

We are looking for someone who can coordinate this year's scholastic book fair. Dates for the fair will be February 1 – 5 (except for Thursday). Responsibilities include collecting and submitting book orders as well as staffing the book fair in February. If you would like to assist the Coordinator, please let us know. Contact Kelly McNamara at [mcnamara@cascadesacademy.org](mailto:mcnamara@cascadesacademy.org).



### Assemble CACO Press Clippings

Seeking someone to tackle an at-home ongoing school pride scrapbook. We have a folder full of press about CACO ready to be commemorated in a book. Contact Jenny Green at [tjverde@gmail.com](mailto:tjverde@gmail.com)

## Calendar

<http://www.cascadesacademy.org/calendar.html>

- January 14 - Lower School Ski Lessons begin for five weeks
- January 19 – Drug and Alcohol Lunch Meeting

- January 22 – MS Bowling Night
- February 1 – Scholastic Book Fair
- February 19 – Admissions Lunch
- February 20 – CACO Auction

### Quote of the Week

Life sure is easy on a raft, ain't it Huck?  
- Mark Twain