



Weekly News

Wednesday, October 7, 2009

All School News

Highlights from *The Spawn*

Click CTRL and the following link here **Spawn** (<http://cacospawn.squarespace.com>) to be directed to the school's blog.

Highlights this week include:

- Autumn Outings Announced
- Starlab Land on Campus
- Election Results are in

H1N1 Vaccination at Cascades Academy

Thanks to the efforts of parent, Dr. Jane Birschbach, we will be offering the H1N1 vaccine here at Cascades Academy. We are working with the county health department and with Dr. Birschbach to determine the final date of the vaccination – likely at the end of this month. We will be sending out more detailed information about the vaccination process next week. We did have our first confirmed case of N1H1 this week in the high school. So far, no other cases have been reported. Please do let us know as quickly as possible if your child tests positive for H1N1. I have attached another article covering the various flu symptoms, treatments, etc for your information.

Private Native Plant Nursery Open to CACO Families on October 24

The generosity of our parents never ceases to amaze me! CACO parents, Mike Lattig and Jennifer O'Reilly, have offered to open up their native plant nursery, Clearwater Native Plant Nursery, to all Cascades Academy families on October 24. The nursery is not open to the public, and this is an amazing opportunity to pick up native plants at wholesale costs. October is still a great time to get plants in the ground, and Mike & Jennifer will be donating 100% of the plant sales to the Cascades Academy Annual Fund. So, save the date to come out to Redmond to go plant shopping on October 24. The exact time the nursery will be open to CACO families will be announced next week. If you didn't catch the recent article in *The Bulletin* about the Clearwater Native Plant Nursery, check out the following link:

<http://www.bendbulletin.com/apps/pbcs.dll/article?AID=/20090923/BIZ0102/909230347>

Do You Know Someone Who Wants to Carpool from Sunriver?

We have one Cascades Academy family who is driving in from Sunriver and would like to find a carpool. Do you or someone you know – outside the CACO community is fine too – drive in from Sunriver every day and want to carpool? If so, please contact parent, Aelea Christofferson, at aelea@atlc.com.

Join Us at Jackson's Corner for Lunch

You should have received an email from Mark Stamler, the Chair of the school's Board of Trustees, last Friday. As Mark stated in his letter, there will be a series of lunches held at Jackson's Corner (845 NW Delaware) throughout the month of October to offer parents an inside look at the business side of running a non-profit, independent school. Sorry, the school won't be able to pick up that tab at the lunches, but we hope you'll still come and join us. Please email Mark Stamler (stamler@cascadesacademy.org) if you can attend. Or, you may sign up for the lunches in the foyer at the school. You must sign up to attend in order that we can reserve the right number of seats/tables at Jackson's Corner.

Currently, these lunches are scheduled to take place:

Thursday, October 15 – 12:00 pm

Tuesday, October 20 – 12:00 pm

Thursday, October 22 – 12:00 pm

Share Your Photos on Photo Bucket

For all of you who like to take photographs of our students in action, sharing those photos with the school just got easier. Just go to www.photobucket.com/cascadesacademy , give the password "CACO1234," and click 'Add Photos,' and upload! You will be prompted to login to your PhotoBucket account (or to create an account). Then, just keep following the links for 'Adding Photos.'

Thank you for this wonderful contribution to the school!

Next Auction Meeting – Tuesday, October 13 at Drop-Off

Come join us!

Eat, Drink & Think – Thursday, October 15 at The Loft

Join us for appetizers, beverages and brainstorming session for Cascades Academy's 2010 Auction next Thursday evening at the Loft from 6:30 pm – 8:30 pm! You won't be signing up for a committee, no commitment; all we want are your ideas! Meet new parents, say hello to old friends, Eat, Drink and THINK! Hope to see you there. Any questions, please call Kelly Tanguay at 788-3047 or email - kellydan1@bendcable.com.

Don't Forget – No School on Friday, October 9

We'll be closed on Friday for Professional Development Day. The teachers will be receiving training on the topic of "Compassionate Communication" from communications expert, Carol Delmonico. This is part of a larger character development and communications program that the teachers have been working on and that we hope to incorporate into our classrooms. Carol has also expressed interest in offering the program for parents starting in January.

Cascades Academy Sweatshirts for Sale – Sign Up Now if Your Size is Not in Stock

We still have a limited number of school sweatshirts for sale for \$35. Child size samples are hanging in the school foyer. We currently are all sold out of adult sizes, but if we have an order of at least 20 adult sizes, we will happily place the order for more. Several of you have signed up for the order- thanks! We need about 10 more sign-ups to place the order. So, please sign up for a sweatshirt if you are interested, and we'll get that order placed asap.

Save the Date – Grandparents & Special Friends Day – November 20

We will host Grandparents & Special Friends Day on November 20 this year – this is the Friday before Thanksgiving break. So, if you have friends and relatives coming into town for the holiday, we hope they'll be able to join us at the school for a morning of festivities beginning at 10:00 am. We will be holding this day in conjunction with our annual Empty Bowls fundraiser, a luncheon facilitated by our middle school students that supports the Hunger Prevention Coalition. In addition, the lower school National Parks storyline will culminate that morning, so there will be LOTS to see and do. We will send out more details as the event approaches. Please pass this date along to grandparents and special friends who may be making arrangements for holiday travel.

Reminders from the Music Teacher

Some reminders from music teacher, Becky Smith . . .

- 1) **5th graders** – please bring your recorders to school and keep them in your classroom
- 2) **6th graders** – Miss Becky will buy back your recorder from last year if you are not going to use it. Please bring it in by October 15.

Support the Tower Theater – Help Cascades Academy

As we announced last week at Back to School Night, we have an exciting opportunity to support the Tower Theater through a new sponsorship of several children's productions and films showing at the Tower this winter. Shows currently slated for presentation include *A Christmas Carol* in December 2009, *Happily Ever After: A Cinderella Story* in February 2010 AND *Tweeksters* in February 2010 as well. How does it work you ask? If you already support the Tower Theater through a donation or membership, we simply ask that you earmark your donation or membership dollars in the name of "Friends of Cascades Academy." The Tower is graciously letting us pool all of the monies contributed in the name of the "Friends of Cascades Academy" toward sponsoring the children's series. As the title sponsor of the series, the Friends of Cascades Academy will help to make tickets affordable for all families in the Bend community as well as increase visibility and awareness of our school. Simply pick up a donation form in the school foyer. Thank you for supporting the Tower and helping us get the word out about Cascades Academy!

School Pictures Coming Up – October 13 – A Special Note About Class Pictures

You'll soon be receiving order forms for school pictures. Most of the packages include a class picture which is a grouping of the students' individual pictures. Parent and professional photographer, Lisa Armstrong, will also be taking group shots of the classes that day which are a nice way to capture the class in a more friendly and relaxed group pose. These group shots will be available for proofing before ordering and available for purchase for \$12.00 each. We simply want to give you this heads up as you decide which picture packages you may want for your child.

Middle School Student Council to Collect Yoplait Lids

Student Council is collecting pink Yoplait Lids again this year. Each lid collected and sent back to Yoplait is worth 10 cents donated towards breast cancer. Please make sure that the lids are clean before turning them into one of the yellow envelopes, located on the entrance message board and in the commons.

Middle/Upper School News

Cross Country Stars & Stats – Way to Go!

We had a great race on Monday at Obsidian in Redmond. All of our runners did a terrific job.

Thomas Wimberly: 12:01 - 5th place in 6th grade boys
Chloe Green: 17:58 - 38th place in 6th grade girls
Jack Armstrong: 13:23 - 26th place in 7th grade
Cale Cox: 12:37 - 15th place in 8th grade boys

Thomas trimmed 43 seconds off his last race, Chloe chopped 1:43 (!) from her last race time, Cale beat his goal by over a minute, and Jack put in a great time for his first race ever. All in all, a fantastic meet.

Volunteer Corner

Come Volunteer in the Front Office Next Thursday, October 15

We need someone to cover in the front office from 7:45 am – 12:00 pm next Thursday. Email Kelly McNamara if you'd like to help out. mcnamara@cascadesacademy.org

Photos of the Week

Check out the blog, for this week's photos . . .

Calendar

- October 9 – No School – Professional Development Day
- October 13 – Picture Day
- October 13 – Auction Meeting
- October 14 – PSAT Test
- October 14 – Board Meeting
- October 15 – Auction Brainstorming Evening at The Loft
- October 15 – 16 – Autumn Outings
- November 6 – Parents Association Meeting
- November 20 – Grandparents & Special Friends Day

Quote of the Week

“Nature often holds up a mirror so we can see more clearly the ongoing processes of growth, renewal, and transformation in our lives.” ~ Mary Ann Brussant